

THE RESPECT PRINCIPLES

Responsibility

Be accountable for my own actions. When a conflict occurs with someone, "own" my part of the problem.

Empowerment

Recognize and use my personal strengths (responsibly). Help others do the same.

Self-esteem

Value myself.

Personal Boundaries

Set my own limits and honor the limits of others.

Empathy

Try to understand and accept the feelings of others.

Communication

Care about what others have to say.
Listen and be willing to talk.

Trust

Have faith in myself and others.

All of the RESPECT Principles contribute to development & maintenance of trust.

